

SATURDAY, JUNE 10 • LAKE NOKOMIS

f NLFSWalkRun www.nlfs.org

Walk, Run, Save Lives,

Your participation makes a difference!

Join hundreds of others as we walk and run for life! This family-friendly event is filled with fun for people of all ages.

Register as a walker or runner and raise pledges to support life. The funds raised directly support New Life Family Services' pregnancy centers in providing FREE pregnancy-related services.

SCHEDULE OF ACTIVITIES:

9:00 Registration

9:30 Kid's Races

9:45 Walk & Fun Run

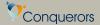
Post-Walk: Chick-fil-A lunch (must prepay)
First Light Puppet Show





Our programs include





CHANGING HEARTS. SAVING LIVES. BUILDING FAMILIES. RESTORING HOPE.

Minneapolis Richfield Rochester St. Pau

www.nlfs.org



GET STARTED TODAY!

1 SIGN LIP

Register at www.nlfs.org or (612) 746-5662.



2. ESTABLISH A GOAL

Set a fundraising goal for yourself. Raising \$100 provides one pregnancy test and ultrasound for a client. It will also earn you a free Walk & Run for Life t-shirt!



3. COLLECT PLEDGES

Begin asking family, friends, and other people to sponsor you with a tax-deductible gift.



We have fun activities planned for the whole family!

#NLFSWalkRun





























