



# WALK + Run FOR LIFE

## SATURDAY, JUNE 21, LAKE NOKOMIS

Walk to support those in unplanned pregnancies. Walk & Run for Life.  
Complete details at [www.nlfs.org](http://www.nlfs.org) or [facebook.com/NLFSWalkRun](https://facebook.com/NLFSWalkRun)

5K FUN RUN  
KIDS RACE  
FACE PAINTING  
WALK FOR ALL AGES  
FAMOUS DAVES LUNCH

REGISTER AT:  
[www.nlfs.org](http://www.nlfs.org)

 NLFSWalkRun



Enjoy Famous Dave's BBQ following the Walk!  
\$5/plate  
(you must prepay)

**newlife**  
family services