

# CALLING ALL SUPERHEROES



YOU'RE INVITED TO NEW LIFE FAMILY SERVICES'

# WALK AND RUN FOR LIFE

**SATURDAY  
JUNE 2ND 2018  
AT 9 A.M.**

**SOLDIER'S FIELD MEMORIAL PARK  
244 SOLDIERS FIELD DRIVE SW  
ROCHESTER, MN 55902**

**REGISTER  
AT  
[WWW.NLFS.ORG](http://WWW.NLFS.ORG)**

# SUPERHEROES WALK AND RUN TO SAVE LIVES

SATURDAY, JUNE 2, 2018 AT 9:00 A.M. • SOLDIERS FIELD



Join hundreds of walkers and runners as we make a difference for life! This year we are hosting a Superhero Walk and Run. YOU are a hero. Because of your participation and generosity, we are able to serve thousands of women, men, and children in the Twin Cities and Rochester communities each year.

## GET STARTED TODAY!

### 1. REGISTER

Register individually or as a group online at [www.nlfs.org](http://www.nlfs.org). Groups must consist of 5 or more. After registering, check your confirmation email for a link to your personal online fundraising page. This page will be your biggest tool! Customize your web page and set a fundraising goal. Aim to raise at least \$100 to earn your free New Life T-Shirt!

### 2. RAISE SUPPORT

Once your fundraising page is complete, share your page with as many people as possible through email or on social media and watch the donations pour in! Sponsors have the option to pay via credit card, mail in their donation, or choose to be billed following the event. (New Life will bill for you).

### 3. WALK OR RUN!

Bring any collected pledges to the event along with your family and friends. Your participation makes a significant difference! One lap around the park is approximately 2 miles. Strollers and dogs are welcome! All Walk & Run activities will begin near the North Shelter. Parking is free. Lots are located on both the East and West sides of the pool. Here's what there is to look forward to:

## WALK SCHEDULE

**9:00 A.M.**

Registration & Check-in

**9:30 A.M.**

Kid's Superhero Fun Run  
(.25 or 1 mile)

**10:00 A.M.**

Walk & Run Begin

**Post-Walk**

Yard Games  
Costume Contest  
Photos with Superheroes

## STAY FOR LUNCH

This year, you will have the option to purchase lunch at the food trucks we will be bringing in!

We will have gluten free and vegetarian options.

**DECORATE A MASK  
AND RUN WITH A  
CAPE PROVIDED  
AT CHECK IN**

**ADULT AND KID COSTUME  
CONTEST PLUS A PHOTO  
OPP WITH YOUR  
FAVORITE SUPERHERO**

**LUNCH FROM  
A LOCAL  
FOOD TRUCK**



# CALLING ALL KIDS!



Come ready to run as a superhero! The Kid's Fun Run will begin at 9:30 a.m. The kids will have the option to run a .25 mile race or 1 mile race.

Come dressed up as your favorite superhero, design your own mask and run to save lives!

Ask your parent or legal guardian to help you set up your own fundraising page. Then ask your friends and family to help you be a hero for New Life and the families we serve!

## WHAT YOU COULD WIN!



Walk for Life  
T-Shirt  
(2017 Pictured)

**RAISE  
\$100**



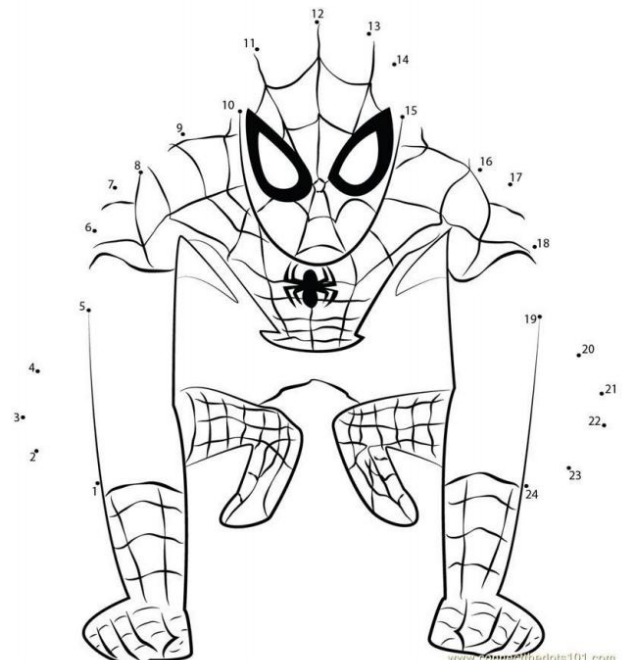
20oz. Camelbak  
Water Bottle with  
New Life logo

**RAISE  
\$500**



Intex Challenger K2  
Kayak, 2-Person  
Inflatable Kayak Set  
with Aluminum Oars

**RAISE  
\$2000**



**newlife**  
family services

1515 East 66<sup>th</sup> Street  
Richfield, MN 55423-2674

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## THANK YOU TO OUR SUPERHERO SPONSORS

*alison lea*  
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