

“MOM. DAD. I’m pregnant.”

INSIDE

New Life to Open
New Pregnancy Center

AND

Walk & Run for Life
Details

FEATURE STORY

Real Parents Share
their Stories

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Mission:

To honor the sanctity of human life by assisting clients in life-affirming decisions with the love and compassion of Christ.

Vision:

Our vision is to one day reach all abortion-minded and abortion-vulnerable individuals throughout Minnesota with comprehensive pregnancy-related services and the message of the Gospel of Jesus Christ.

Values:

We believe that God is the author of life and has a plan for each life, therefore, we do not provide or refer for abortions.

We seek to empower our clients in their decision-making process by offering information about all pregnancy-related options. This includes medically accurate information about abortion, a realistic and thorough examination of parenting and adoption, and access to ultrasound.

We are committed to offering support to those facing unplanned pregnancy or struggling with a past abortion experience without judgment or condemnation.

We are committed to assisting our clients in choosing between adoption and parenting without bias toward either option.

EST. 1973

MINNEAPOLIS
University Campus
2900 University Ave SE
Minneapolis, MN 55414
612.623.8378

ROCHESTER
902 North Broadway
Rochester, MN 55906
507.282.3377

RICHFIELD
6517 Nicollet Ave. S.
Richfield, MN 55423
612.866.7643

SAINT PAUL
Sun Ray Shopping Center
2109 Old Hudson Road
Saint Paul, MN 55119
651.730.4342

ADMINISTRATIVE OFFICE
1515 East 66th Street
Richfield, MN 55423
612.866.7643



A LETTER FROM THE DIRECTOR
From Tammy Kocher, Executive Director

New Life has been serving clients in countless walks of life for over four decades, and we have seen how their decisions affect those closest to them. What has resonated with me, especially in this past year, is the ripple effect of the decisions of our clients.

Pregnancy, parenting, abortion, and adoption impact whole families. Not just the mother and child, but the father, the grandparents, aunts and uncles, church family, and extended community. We do not often think about the impact unplanned pregnancies have on a circle of influence.

Several friends reached out to me in the past year concerning their son, daughter, or friend of their child who was either experiencing an unplanned pregnancy or had an abortion. They reached out to me, as a trusted resource, knowing the mission of New Life to help them navigate these murky waters.

As the mother of three teenage boys, I have learned that having the right resources, encouraging open and honest discussions, and having an understanding and open demeanor towards my boys can be the difference between them communicating with me and trusting to share what's going on in their world or choosing to tackle something on their own.

Unplanned pregnancy is not something to be faced alone.

We hope and pray our children make wise choices, we hope and pray we have raised them to know and treasure God's word regarding sex; but the reality is we should be prepared and ready to respond to our kids with love and life-affirming resources.

On page 3, our Client Services Director, Alison Heglund, shares more about how to respond to the words, "Mom, Dad I'm pregnant." In addition, we asked a few parents who have been in those difficult shoes to share their perspective.

We hope this newsletter will help you feel equipped and encouraged to be a resource for life to your own children, their peers and others in your community who may be in the midst of an unplanned pregnancy.

In Christ,

Tammy Kocher
Executive Director



Creative Ways to Give

Steve and Beth Pinewski, photo courtesy of Alison Lea Photography

FAITHFUL PARTNERS

At New Life we are so blessed by thousands of people who believe in our mission to honor the sanctity of life by assisting our clients in life-affirming decisions with the love and compassion of Christ and share with us their time, talent and treasure. Without the collective, faithful and generous support of our donors we couldn't come alongside families in their time of greatest need.

Two of our faithful donors, Steve and Beth Pinewski, believe deeply in the work that we are doing at New Life and have creatively found ways to come alongside and support us.

Steve shared his involvement with New Life, "We were owners of a condemned house in Anoka. Little did I know what God had in store for us. We tore down the house and built a small office building for New Life. We called it the Molly Professional Building and it was our desire and privilege to give the downstairs space to New Life free of charge as we rented the upper level. Over the years, God used that little building to save us financially multiple times."

"When New Life closed their Anoka office in 2013, we fully trusted that God had a plan. New Life helped connect us to another pregnancy center who is now utilizing the space in the same manner. Within the past 5 years I've had the privilege of helping construct new office spaces for New Life's St. Paul, Richfield, and University centers. I know that God blesses these projects. You can't out give God."

GIVING TO NEW LIFE MADE EASY

Your contributions to New Life will help to advance our mission you may be able to achieve your tax and estate planning objectives at the same time. Here are several ways to give:

1. Give a cash gift online at www.nlfs.org/donate.
2. Give a stock gift by contacting our development director. You can receive a deduction for the fair market value of the stock on the date of the gift and you won't have to pay the built in capital gains on the transfer of the stock.
3. Name New Life as a beneficiary in your retirement account.
4. Designate a gift to New Life in your estate plan.
5. Contribute a charitable gift annuity or charitable remainder trust, which allows you to make a charitable gift now but retain an income stream.
6. Create a charitable lead trust that transfers an amount to New Life now for a term of years through a stream of payments from the trust.

For any type of gift, whether simple or complex, we encourage you to reach out to our Director of Development Callie Wayt at wayt.callie@nlfs.org or (612) 746-5659 and work together with her and your attorney, accountant, or financial advisor to ensure giving is a success for both you and New Life Family Services.

BECOME A MONTHLY LIFE SUSTAINER

If you are not already a monthly giver, will you prayerfully consider making a monthly commitment? By making a recurring credit card or EFT gift to New Life, you are helping to provide a dependable funding source for the ministry while making a significant difference in the lives of the individuals and families we serve. Give online: www.nlfs.org

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**CURRENT
LIFE SUSTAINERS**

25%

**OF OUR BUDGET
ATTRIBUTED TO
LIFE SUSTAINER
FUNDRAISING**

500

**NUMBER OF LIFE
SUSTAINERS NEEDED
BY DECEMBER 2018**

CONTACT ME

Callie Wayt
Director of Development
wayt.callie@nlfs.org
(612) 746-5659



“Mom, Dad, I’m pregnant.”

For many parents, hearing the words, “I’m pregnant,” is life-altering. Yet being prepared and knowing how to respond is critical as your children look up to you when facing a pregnancy.

by Director of Client Services, Alison Heglund

Sitting in the counseling room at New Life, I have heard countless teen girls and boys share with me their fears and concerns for their pregnancy and I can tell you they are often most terrified of how you, as their parent, may respond. As a mother of six children, four of whom are teenagers or preteens, and as the Director of Client Services at New Life, I am fully aware of the challenges our youth face regarding sexual purity.

24%
**OF TEENAGE
PREGNANCIES END
IN ABORTION**

Every year over 400,000 U.S. teenagers under the age of 18 become pregnant. Approximately 75% of these pregnancies are unintended. Sixty-one percent of pregnant teenagers give birth, 15% have miscarriages and a staggering 24% have abortions.

In Minnesota alone, this translated into 814 girls, age 19 and under, who had an abortion in 2017. By including those age 20-24, that number jumps exponentially to 3,376 abortions in our community.

These are our children and our friends’ children who see no other way. How do we begin to create safe places for our children to find support for life choices in the midst of an unplanned pregnancy?

When it comes to teenagers and sex, there is no algorithm. Nor is there a fool-proof plan. Yes, we can and should advocate for abstinence and teach our children that sex belongs within the biblical confines of marriage. We can pray for our children and teach them about having a personal relationship with our Lord and Savior, but the reality is that regardless of our efforts, teen pregnancies happen—both outside and within the church.

43%
**OF WOMEN WERE
REGULARLY ATTENDING
CHURCH AT THE TIME
OF THEIR ABORTION**

It is my prayer that as Christian parents, we will prepare ourselves to have informed discussions in anticipation of unplanned pregnancies and life-affirming responses to our children. **In life, our kids will make mistakes. Let’s be prepared to respond in grace when they need it the most.** Regardless of whether they find themselves experiencing a pregnancy or an abortion, we, as parents, have a responsibility to equip them to be a resource for their friends.

On the following pages you will read first-hand accounts from parents who have been on the receiving end of the words, “Mom, Dad, I’m pregnant,” and then found

support at New Life Family Services.

This message is not exclusive to parents of girls. Parents of sons also need to be aware of the less obvious roles young men can be playing in making wise and life-affirming decisions. Women are told it is “their decision” and “their body,” but we as Christians know the truth. We know there is a life with a body knit together, depending on others for protection, nourishment, and safety.

If your son comes to you with an unplanned pregnancy, your level of support toward him will greatly impact his level of support toward the mother. Your response as a parent matters. Make sure your son knows you are a safe place to discuss anything he is going through, including pregnancy.

At New Life, we are able to extend hope in difficult moments in the form of options, education, and support. Many women choose to have an ultrasound and further decision-making counseling with our licensed social workers. This past year alone, New Life provided 1,286 pregnancy tests and 486 ultrasounds. As safe and reassuring as we try to be within the walls of New Life, once each young pregnant woman walks out of our doors, she is faced with the difficult task of sharing her news with family, friends, and the father of her child, with no guarantee of a supportive response.

How will you respond? How can you affirm the life of your child and the child growing within?

If news of an unplanned pregnancy becomes a part of your story, prepare yourself to reassure your child and set aside your own feelings (perhaps revealing your true feelings later with a spouse or friend). Your reassurance and acceptance of your child in the midst of his/her pain will bring a much needed sense of calm and peace to the situation.

Let love and grace guide you. After all, the wages of sin is a grandchild.

While you know your child best and will be primary in your child’s support system, you will also need your own support system and resources to help you navigate this uncharted territory. I highly encourage you to find support for both yourself and your child at one of our First Care Pregnancy Centers. Our staff and Licensed Social Workers are available to meet with you and your child to share information on your options along with resources to support your needs and ultimately help to

empower your child to make a life decision that honors their faith, themselves and their unborn child.

If you or someone you know is in need of support for an unplanned pregnancy, New Life is here as a resource for you. Our First Care Pregnancy Centers offer pregnancy testing; STD testing and treatment; ultrasounds; adoption services; parenting education and support, and someone to talk to.



MINNEAPOLIS

2900 University Ave. SE
Minneapolis, MN 55414
612-623-8378

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6517 Nicollet Ave. S.
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902 North Broadway
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507-282-3377

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2109 Old Hudson Rd.
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651-730-4342

“Mom, Dad, I had an abortion.”

If your daughter or somebody you know is considering or has had an abortion, please know you can point them in the direction of our Conquerors program. Conquerors offers both one-on-one mentoring and group sessions designed to deal with the pain and difficulties common to those who have had abortions. All sessions are led by trained facilitators who have found healing from their abortions and can relate to their experience.

We believe strongly in what the Bible says in Romans 8:27 “Now in all things we are more than Conquerors through Him who loved us.”



www.conquerorsafterabortion.org

“MOM, DAD, I’M PREGNANT.”

REAL PARENTS SHARE

“MOM, DAD, I’M PREGNANT.”

CINDY’S STORY

Cindy’s daughter was just fifteen when she told her mom she was pregnant.

I was immediately stunned at the news, as I was unaware my daughter was sexually active in the first place. Yet, I was quickly filled with compassion and concern for my 15-year-old child, who was now carrying a child. My daughter was no longer in a relationship with the father, who, upon hearing the news of her pregnancy, threatened to harm her and wanted her to terminate the pregnancy. A couple of times she mentioned having an abortion, but I believe that was prompted by fear. After our very first visit at New Life, and having that first ultrasound, terminating the pregnancy never came up again.

Because of her age, Mackenzie believed that parenting wouldn’t be the best choice she could make for her child. Choosing adoption was her personal decision. We told her we would support whatever she chose. I would say my daughter decided adoption was the best decision for her pregnancy and her social worker and other staff at New Life walked alongside her every step of the way.



Cindy’s birth granddaughter

Adoption has been a blessing in our lives. There is incredible peace in knowing my daughter’s choice for adoption resulted in a beautiful child receiving a wonderful life in a loving Christian home with a great family.

The connection we had with New Life changed our lives. We are eternally grateful for the individuals who walked with us on our journey.

My Thoughts for Parents

While your child did make a choice that has altered their course, they are even more frightened than you are. Harsh, hateful words spoken in anger can be forever damaging and cannot be taken back. Your courageous daughter or son will receive judgment and perhaps be shamed by their peers and by other adults. From you, there should be no condemnation. Your child, no matter what their age, needs and deserves love, grace, kindness, respect, gentleness, and a safe place where they can decide the future for themselves and their child. Life does go on.

BRIAN’S STORY

Brian’s daughter was recently divorced and now a single parent when she shared with her family she was pregnant again.

When my daughter shared the news, I was shocked and uncertain about what I should say. I remember thinking, ‘I don’t want to do or say anything that bruises my daughter or our relationship.’ I did say ‘I love you,’ to my daughter and something along the lines of, ‘We will support you through this.’

Our daughters were all out of high school and college and I thought I no longer had to dread getting such a call. But I was wrong. Our daughter was already struggling as a single mom. Consequently, my wife and I supported our daughter’s choice to place her child for adoption as we felt it would be difficult or impossible to raise another child.



Brian’s birth granddaughter today

The New Life entrustment service was a blessing to us, as we gave our granddaughter to her adoptive parents and grandparents. I cried the entire time. The Lord used this service as a healing time and taught me the importance of crying, laughing and expressing all of my emotions. Looking back after ten years, God has been so good.

We have a completely open adoption. This relationship is an example of God’s grace and restoration. We are involved in our granddaughter’s life and adoptive parents are now part of our family as well. We share lots of laughter, tears and hugs.

My Thoughts for the Community

I encourage everyone to welcome hurting women with tears, love and hugs. Be willing to wait for discipleship and mentoring opportunities at a later day. Also, at present there is so much emphasis in the Christian community on adoption/adoptive parents, at times to the point of disdaining birth parents. We are all sinners in need of God’s grace. Birth parents and birth grandparents need acceptance, love and remembrance.

THEIR STORIES

Each woman who finds themselves in an unexpected pregnancy has a family surrounding her, and the life she is carrying affects those family members as well. We asked four parents to share their stories.

WENDY'S STORY

Wendy discovered her daughter was pregnant and planning to have an abortion when she found legal papers in her purse.

My daughter was in a very troublesome time in her life and I knew something was wrong, I just did not know what. Concerned for her wellbeing, I went through her purse and discovered legal papers, allowing her to have an abortion without parental consent and paperwork from a clinic for her upcoming abortion. I was overcome with panic and fear. I cried and asked God to intervene on behalf of this child.

I tried everything I could to convince my daughter that abortion was not the answer. Nothing worked. Unfortunately, the voice of her friends was much louder than mine and I couldn't get through to her.



Wendy's daughter pictured with her children and husband

Eventually, I told her if she was really going to go through with it, I only ask that she go to New Life for an ultrasound to verify the pregnancy. Unbelievably, she agreed. We went for the ultrasound at New Life and the sonographer showed us her 8-week-old baby with a strong heartbeat. My heart was hopeful, although it seemed there was no sign of my daughter changing her mind.

After a few very difficult weeks, God touched her heart. She knew in her heart of hearts, from the moment she saw the baby on the ultrasound at New Life, she could never go through with an abortion. God had heard my prayers. She loves all three of her children today with a full heart. I am so very proud of her for making a choice that was not an easy one.

This was one of the hardest events of my life. At the time, I couldn't feel that God was with me. It is humbling to look back and see how God had a plan and how all the pieces connected. He makes all things turn out for good in His time.

My Thoughts for Parents

Above all, love. Love is the answer. God is love. God calls us to love one another and He can work through that love. Even if you don't understand the circumstances, trust that God has a plan and knows the outcome. He will walk with you – good and bad. He is always with you and knows your pain, confusion, struggle, and desires.

PHYLLIS' STORY

Phyllis discovered her daughter was pregnant during a visit to the emergency room at the hospital.

When I first heard the words, 'Mom, I'm pregnant,' we were in the emergency room trying to figure out why Nicole was sick. Inside, I was in shock, totally not expecting those words. But my reaction to her was to hug her and pray for her and this little life growing inside of her. I knew we needed God's help to get through it.

The news of Nicole's pregnancy deeply affected my husband and each of my daughters. When I told my husband, he was initially very angry. Sometimes, all I wanted to do was protect Nicole, and then other times I struggled with anger over the situation too. In some ways I felt robbed of the happiness and joy that you are supposed to have when you find out you are going to be a grandma for the first time.



Phyllis pictured with her daughter today

When my daughter was being heavily bullied in school for her pregnancy, she began to consider abortion due to all the pressure. We did not know where to turn and then our youth pastor at church referred us to New Life Family Services.

After a few months of counseling with New Life, Nicole chose open adoption for her baby. She struggled with the desire to parent him, but knew she wasn't ready to be a parent and she wanted her baby to have a normal life to grow up in. Ultimately she chose adoption and we are so proud of her decision to choose life and bless another family.

Remember God doesn't make mistakes. Your child might have made bad decisions, but is still God's child and God has a plan. God will use all circumstances for something good – I know it's pretty hard to see that in the midst of the situation. But God is Good! Lean on Him and He will see you through anything.

My Thoughts for the Community

Don't judge! You may not think your own son or daughter may face an unplanned pregnancy, but you can't count on that. I know, I was one of those who was critical of a niece who got pregnant and of her mom. Don't say, 'Those things will never happen to me or my family.' Be the support that you would want if you were in their shoes. It can be humbling!

“MOM, DAD, I'M PREGNANT.”

CALLING ALL SUPERHEROES



YOU'RE INVITED TO NEW LIFE FAMILY SERVICES'

WALK AND RUN FOR LIFE

**JOIN HUNDREDS OF WALKERS AND RUNNERS AS WE MAKE A DIFFERENCE FOR LIFE!
COME DRESSED UP AS YOUR FAVORITE SUPERHERO! CAPES AND MASKS
PROVIDED TO KIDS AT CHECK IN.**

**ROCHESTER
SATURDAY
JUNE 2ND, 2018**

**REGISTER
AT
WWW.NLFS.ORG**

**TWIN CITIES
SATURDAY
JUNE 9TH, 2018**

GET INVOLVED WITH NEW LIFE

CHURCH AMBASSADORS

WHAT IS A CHURCH AMBASSADOR?

At New Life, Church Ambassadors represent New Life in their home church. A Church Ambassador takes their personal heart and passion for the life-affirming work of New Life and shares it with their congregation and works to build and establish an intentional partnership between the two.

“A Church Ambassador allows us [the church] to know what is going on locally at First Care. We know specifically how to pray, how to help and what to celebrate.”

BECOME AN AMBASSADOR

For more information on how you and your church can become involved in our Church Ambassador Program, please contact our Church Relations Coordinator, Brandie Perez, at churches@nlfs.org. Church Ambassador Info Meetings occur twice each year in the fall and spring.

Visit our website for more information:
www.nlfs.org/get-involved/

FIRST CARE ON CAMPUS

The University of Minnesota student group, First Care On Campus, is dedicated to promoting student health and wellness by providing information and resources pertaining to sexual health, healthy relationships, and pregnancy options.

WHAT DOES THIS GROUP DO?

This group provides health-related information and referrals to students through the use of contact tables, brochures, posters, and conversation. They equip its members to support their peers facing unplanned pregnancies and feel comfortable engaging in conversations about STD, pregnancy and abortion concerns. They also provide informative presentations to fraternities, sororities, and other University of Minnesota student groups about sexual health and the free services First Care Pregnancy Center provides for students.

For questions on how to get involved, please email fcoc@umn.edu

STUDENT ADVISORY BOARD

GET INVOLVED TODAY

New Life Family Services is starting a Student Advisory Board and is looking for 10-15 responsible, committed, and passionate students to launch this board. Students should be ages 18-22.

WHAT IS A STUDENT ADVISOR?

During the one-year commitment, students will meet monthly with staff from New Life Family Services, to focus on client marketing, non-profit management, and fundraising. They will have the opportunity to create advertisements in addition to planning and executing their own fundraising event to support clients of our pregnancy center, First Care Pregnancy Center. In addition, this advisory board will support the center's major events during the year.

For more information, please contact Jessica at schoen.jessica@nlfs.org -OR- visit www.nlfs.org/get-involved/employment





NEW LIFE IS EXPANDING TO A NEW NEIGHBORHOOD

Last year, there were **9,953** abortions performed in Minnesota. Hennepin County residents alone accounted for **37%** of those abortions. This percentage has held steady for the last three years. So while the number of abortions is going down across the state, Hennepin County continues to see the largest percentage of abortions by county. Three of the state's four primary abortion facilities are in Hennepin County and the fourth clinic, the state's largest abortion clinic, is located less than a half a mile from the county border.

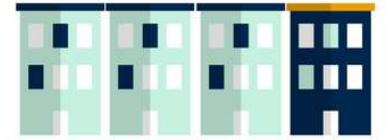
WHERE: THE PHILLIPS COMMUNITY

Within Hennepin County is the Phillips neighborhood which is located just south of downtown Minneapolis east of Interstate 35W, north of Lake Street, south of Highway 94 and west of Hiawatha Avenue. The Phillips community has a population of 20,944 people. 20% identify as white, 39% black, 27% Hispanic and 7% American Indian.

The community is relatively young with 62.4% of the population under the age of 35. For people 25 years and older 32% have less than a high school degree, with only 26.1% being a high school graduate or having received their GED.

The median household income in Phillips community is \$26,878 which is nearly

3 of Minnesota's 4 abortion clinics reside in Hennepin County



half of the state median household income of \$58,476.

- FALL 2012** VISION 2015 was launched with hopes to open a new urban location as 95% of the abortions in our state take place in Minneapolis and St. Paul.
- FALL 2015** Phase one of Vision 2015 was completed, moving our existing pregnancy centers to high traffic locations.
- FALL 2017** New Life's Board of Directors approved the New Life, New Neighborhood project and timeline.
- SPRING 2013** An urban task force was established and decided on the Phillips Neighborhood for the location of New Life's new pregnancy center.
- SPRING 2017**

Nearly 44% of people living in the Phillips neighborhood live below the poverty line.

There is one abortion clinic in the middle of the Phillips neighborhood and another within two miles.

There are no comprehensive pregnancy centers within the neighborhood.



Average Household Income:
Hennepin County: \$68,902
Phillips: \$26,878

While there are many resources and organizations that exist in Hennepin County, there is still a large gap that exists for holistic and tangible support for those who are pregnant and/or have young children.

OUR PLAN: AN URBAN PREGNANCY CENTER

To meet the significant needs of the women, men and families in Hennepin County, launched our New Life, New Neighborhood project to open a new urban pregnancy center in the Phillips neighborhood in Minneapolis which is anticipated to open in the Spring of 2019.

New Life Family Services is uniquely positioned to fill the gap that exists between

the needs of the community and the pregnancy and family-related support services that are currently available. Through the care of our Licensed Social Workers and our parenting education program, New Life provides the life-affirming support needed for families to choose life for their unborn children and to move out of adverse circumstances into a more stable environment.



As we support families and help them navigate the resources that are available to them, we can assist in bringing them to a place of stability and providing their children with a strong foundation that can help stop the cycle of trauma for future generations.

THE NUMBERS: HOW CAN I HELP?

This new pregnancy center comes with a cost of \$1,128,000 which includes all of the one-time start-up costs as well as three years of annual operating expenses. We believe that it is important to include the three years' operating expenses so we can use that time to increase our monthly giving so that by the end of the three years our new budget is fully-funded and sustainable.

By God's grace, we have already raised nearly \$500,000 towards this project. This leaves us with a little more than \$600,000 to raise between now and this fall.

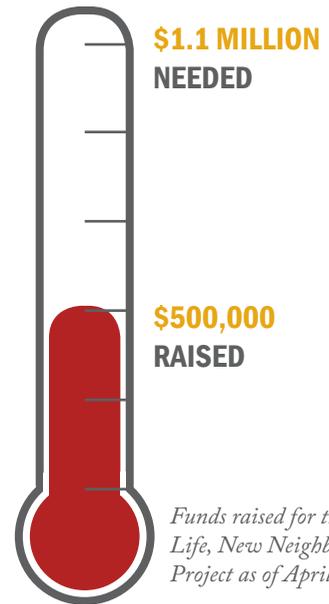
As we continue with this exciting plan, we are asking you, our friends, to stand with us. Our vision to change hearts, save

lives, build families, and restore hope requires many faithful partners.

Hundreds of individuals, families, and churches are needed to generously support this project. We humbly ask that you pray and seek if God is leading you to support New Life's new pregnancy center. If you are led, we would be honored to have you as a partner, investing tangibly in life.

We are praying for God's hand to move in the hearts of those He desires to walk with us as we move towards New Life in a New Neighborhood.

To support this project, please use the enclosed envelope or give online at www.nlfs.org



New Life New Neighborhood was publicly launched at New Life's annual Gala & Silent Auction.



United for New Life, a unique fundraising event, will be held in churches across the Twin Cities this Mother's Day.



NEW center scheduled to open in the Phillips community!



A Parenting Education Manager was hired to improve the Parenting Plus program with a more comprehensive curriculum.



A final location will be selected, construction will begin and new staff will be hired.



and its programs



BOARD OF DIRECTORS

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WWW.NLFS.ORG

UPCOMING EVENTS

Walk & Run for Life

Rochester: Saturday, June 2nd

Twin Cities: Saturday, June 9th

Join hundreds of others as we walk and run for life! This event with a purpose is filled with fun for people of all ages.

Register online: www.nlfs.org



Gala & Silent Auction

Rochester: Thursday, October 5th

Twin Cities: Friday, October 12th

You are invited to join us as we celebrate life with guest speakers and New Life clients! Dinner will be provided.

Learn More: www.nlfs.org



CONNECT WITH US:

Join our email list by sending an email to info@nlfs.org and find us on social media.

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Administrative Office
1515 East 66th Street
Richfield, MN 55423
(612) 866-7643
www.nlfs.org

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