

Sanctity of Human Life Sunday

Prayer Guide

To sign up for an hour of prayer, visit nlfs.org/sohl and click "Sign Up Here" by the Day of Prayer event.

As you begin...

10 minutes

Remember the Lord's character and praise Him for His promises:

The Lord looks from heaven; He sees all the sons of men. From the place of His dwelling He looks on all the inhabitants of the earth; He fashions their hearts individually; He considers all their works. Psalm 33:13-15

Lord, you are enthroned above all. You are never-changing and ever-present. You are perfect in mercy, power, knowledge, and righteousness, and you look upon me, a complex and fragile human, with love. You see me and you see the events of this world. You are not unaware; you are completely present, promising to never leave me nor forsake me. Thank you.

O Lord, our Lord, how excellent is Your name in all the earth, who have set Your glory above all the heavens! Out of the mouth of babes and nursing infants You have ordained strength, because of Your enemies, that You may silence the enemy and the avenger. When I consider Your heavens, the work of Your fingers, the moon and the stars, which You have ordained, what is man that You are mindful of him, and the son of man that You visit him? For You have made him a little lower than the angels, and You have crowned him with glory and honor. Psalm 8:2-5

Lord, you are glorious! There is no one like you. How beautiful, wonderful, and excellent is your name! By your strong hand, intricate life is created, sin is defeated, enemies fall, and people of this earth are transformed into new creations. The heavens declare your glory and wondrous works. Father, I see your glory all around me: in nature, in my relationships, and in my community! Thank you for every woman, man, and family that you have knit together for your purposes. Thank you for ordaining strength to those who trust you, in all circumstances. I praise you. Thank you.

Take a moment...

10 minutes

Remember the mission of New Life Family Services:

To honor the sanctity of human life by assisting clients in life-affirming decisions with the love and compassion of Christ.

How precious is Your lovingkindness, O God! Therefore the children of men put their trust under the shadow of Your wings. They are abundantly satisfied with the fullness of your house, and You give them drink from the river of Your pleasures. For with You is the fountain of life; in Your light we see light. Oh, continue Your lovingkindness to those who know You, and Your righteousness to the upright in heart. Psalm 36:7-10

Lord, you are the creator of all life. I honor you. You are the only Way, the only Truth, and the only Life. I am sorry for the ways I have fallen short and not honored you fully with my life. I grieve over this world and the loss of innocent life through abortion. I am saddened by the lies of the enemy that threaten women and men as they experience heartache, sexual struggles, seemingly impossible circumstances, difficulty in parenting, unplanned pregnancies, and even seasons of great joy and hope. Despite the hardship that is present, your light overcomes. Thank you for your lovingkindness, Lord. Thank you for the ways you are saving lives, changing hearts, building families, and restoring hope in this world. Please help me to align my mind and heart with your will and truth during this time of prayer.

Next...

30 minutes

Bring these prayers to the Lord:

"Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus." Philippians 4:6-7

Thank the Lord for the children in this world, born and unborn. Pray that He would reveal Himself to those who do not yet know Him. Pray that He would guide and strengthen the hearts of those who believe abortion is their only option. Pray for conflicted hearts to find Christ's peace, understanding, and wisdom as they make decisions about pregnancies. Pray that God will create divine appointments for broken and hurting people to encounter Him, in His timing.

Pray for women, men, and families in your community who are facing financial struggles and hopelessness. Pray that the Lord would provide all that they need in His perfect timing and encourage them. Pray that doors of opportunity would open for them, as the Lord wills. Pray that their eyes would be turned to Christ and his sufficiency through these trials, and that staff at New Life could share the gospel with them.

Praise the Lord for abortion-vulnerable and abortion-minded women who have chosen life, despite all obstacles. Praise Him for STD appointments that have led to gospel-sharing opportunities. Praise Him for the mothers and fathers who have chosen to parent. Pray that He would continue nurturing strong families, restoring hope, and changing hearts in your community. Pray that the Lord would open your eyes and soften your heart to personally see those around you who need support.

Pray for parents and expectant parents as they begin the journey of placing their child for adoption. Pray that the Lord would provide clarity for difficult decisions, peace for their hearts and minds, and guidance. Pray for their precious children, that they would experience Christ's comfort and sense of belonging as they are placed with a loving family.

Pray that the Lord would guide social workers as they walk alongside biological parents and adoptive families through the difficult, yet hope-filled, adoption process. Ask the Lord to give them knowledge, discernment, and compassion.

Praise God for families who are choosing life and starting their adoption journey. Praise God for the waiting families who have been appointed by Him to adopt. Pray that He will be preparing their hearts and homes even now for the little one He has planned for them.

Pray for the women and men in your community who have abortion as a part of their story. Pray that they would find complete healing, forgiveness, and restoration in the Lord, through faith in Christ's sufficient death on the cross. Pray that they would experience the new, redeemed life that is found only in Him. Ask the Lord to show them that they are no longer defined by their sins when they are under His grace.

Pray for the communities surrounding men and women who have experienced abortion or an unplanned pregnancy. Pray that more churches, leaders, families, men, and women in the community would boldly and lovingly wrap their arms around them and meet them with grace instead of judgment. Pray that those who have experienced an abortion would feel comfortable sharing their story with people who can help them heal and point them to Christ.

Praise the Lord for the hearts and lives that have been changed because of the gospel, to the glory of His grace. Praise Him for the burdens that have been lifted off of so many: the burden of sin, the burden of guilt, and the burden of shame. Thank Him for the truth that He makes beauty out of ashes and brings hope into hopeless situations. He has a plan for His children, and He always will.

As you end...

10 minutes

Entrust these prayers to the Lord's care:

Lord, your thoughts are higher than my thoughts, and your ways are higher than my ways. In the mystery, you are near. In the chaos, in the heartache, and in the joy, you are near. You see every human heart. I know that you have uniquely fashioned each of them and carefully woven together their days. Lord, thank you. Please continue to have mercy on us and lead this world in your truth. Lead me in your righteousness and justice, so that I may sacrificially defend and pour out myself for others, as you did for me. Thank you for triumphing over evil. Thank you for reigning victorious over the enemy's schemes to devalue life, in all of its precious and sacred forms. You are mighty to save. You are worthy of all honor and praise, and I thank you for hearing my prayers, always.

Now to him who is able to do far more abundantly than all that we ask or think, according to the power at work within us, to him be glory in the church and in Christ Jesus throughout all generations, forever and ever. Amen.

Ephesians 3:20-21

Thank you for covering Sanctity of Human Life Sunday in prayer!