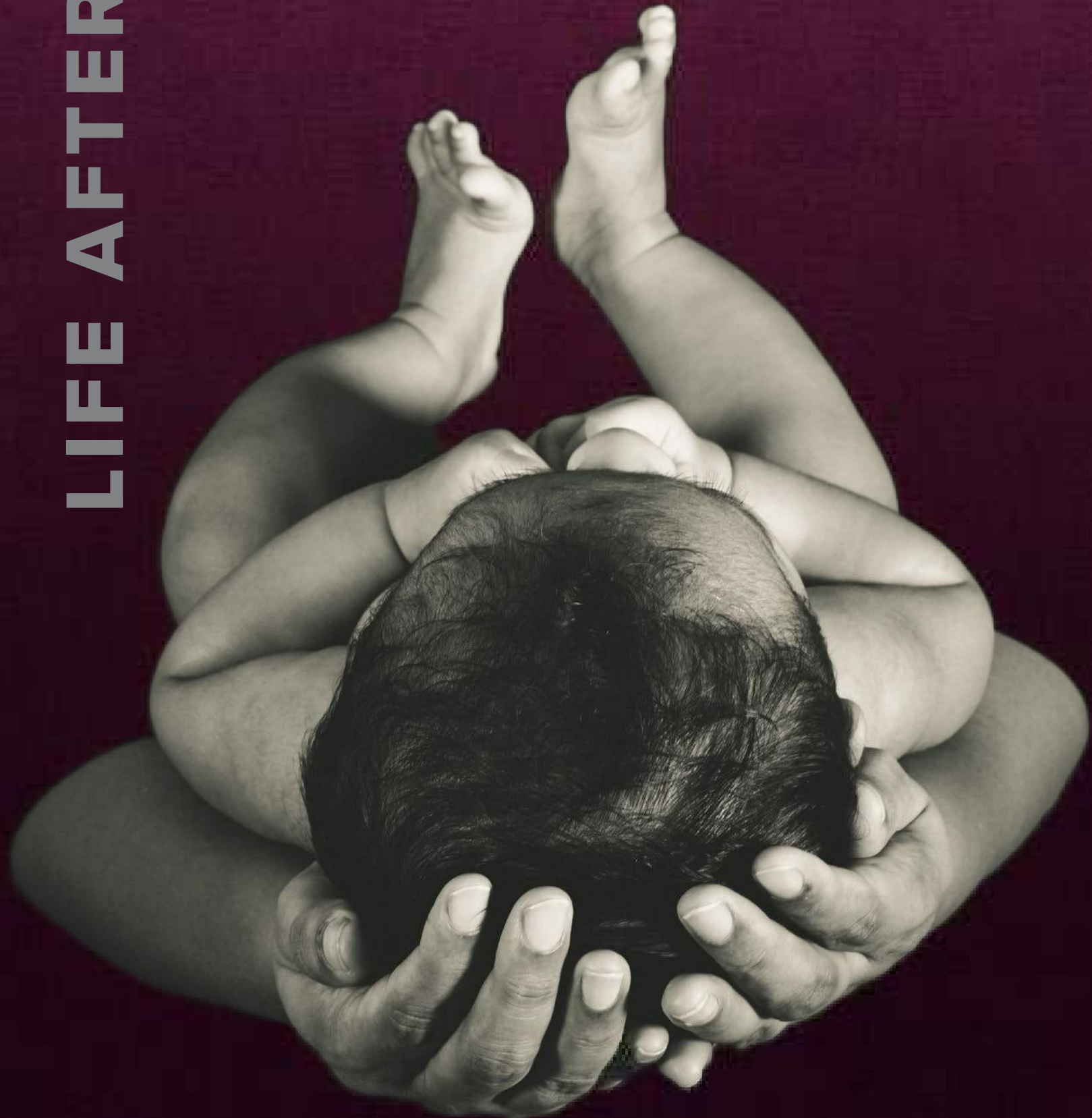


LIFE AFTER ROE



FALL 2022



OUR MISSION

To honor the sanctity of human life by assisting clients in life-affirming decisions with the love and compassion of Christ

OUR VISION

To one day reach all abortion-minded and abortion-vulnerable individuals throughout Minnesota with comprehensive pregnancy-related services and the message of the gospel of Jesus Christ

OUR LOCATIONS

UNIVERSITY

2900 University Ave SE
Minneapolis, MN 55414

RICHFIELD

6517 Nicollet Ave
Richfield, MN 55423

ROCHESTER

40 16th St SE
Rochester, MN 55904

ST. PAUL

2109 Old Hudson Road
St. Paul, MN 55119

MINNEAPOLIS

2015 Chicago Ave S
Minneapolis, MN 55404

ADMINISTRATIVE OFFICE

1515 East 66th St.
Richfield, MN 55423



FROM OUR EXECUTIVE DIRECTOR

Wow, what a summer this has been! With the overturning of Roe v. Wade in June, we knew that this would be a summer filled with tremendous change. While much has changed, our mission and care for clients have remained front and center. Although abortion is actually more accessible in Minnesota than ever before, men, women, and children are being impacted for good every day in our centers as our client numbers have increased.

This summer, we also celebrated the completion of our new center in the Phillips community. After building connections and partnerships in this neighborhood for years, we are excited to have the opportunity to be present and tangibly serve this community ourselves. Although the building of this location included many unforeseen delays, it is now completed and ready to be a safe haven for clients. Now, our main challenge has been finding staff who are willing and equipped to serve in this unique area. It is our hope to open this office soon, so I ask you to join us in praying for God's provision in this area.

Looking back, it has truly been a summer of peaks and valleys. We are so thankful for the work that God is doing and the many ways that He has been faithful to New Life, including His provision of our selfless donors and volunteers like you. This newsletter will address the current national and local unrest regarding abortion, as well as our response and the wonderful work God is continuing to do in our clients' lives.

Sincerely,

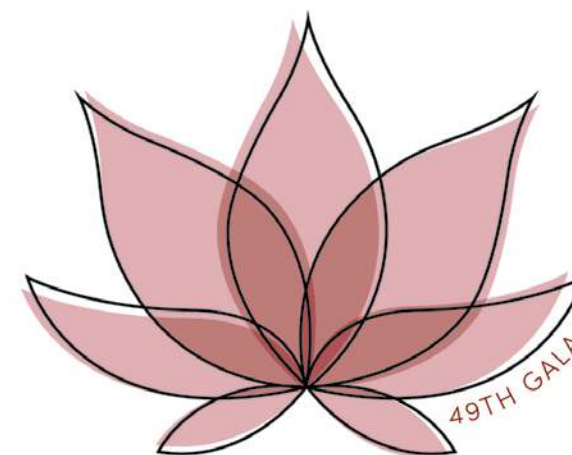
Tammy Kocher
Executive Director

P.S. We invite you to join us at our upcoming Gala for a night of inspiring messages of hope, as well as an exciting surprise announcement!



PLEASE JOIN US

NEW LIFE FAMILY SERVICES ANNUAL FUNDRAISING GALA



NEW BEGINNINGS 2022

ROCHESTER

THURSDAY, OCTOBER 27TH

SOMERBY GOLF CLUB

975 SOMERBY PARKWAY N.E.
BYRON, MN 55920

TWIN CITIES

FRIDAY, OCTOBER 28TH

THE DOUBLETREE - BLOOMINGTON

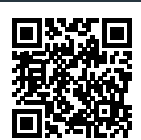
7800 NORMANDALE BLVD
BLOOMINGTON, MN 55439

DOORS OPEN AT 6:00 PM

Please RSVP by
October 14th



[NLFS.org/Events](https://nlfs.org/events)

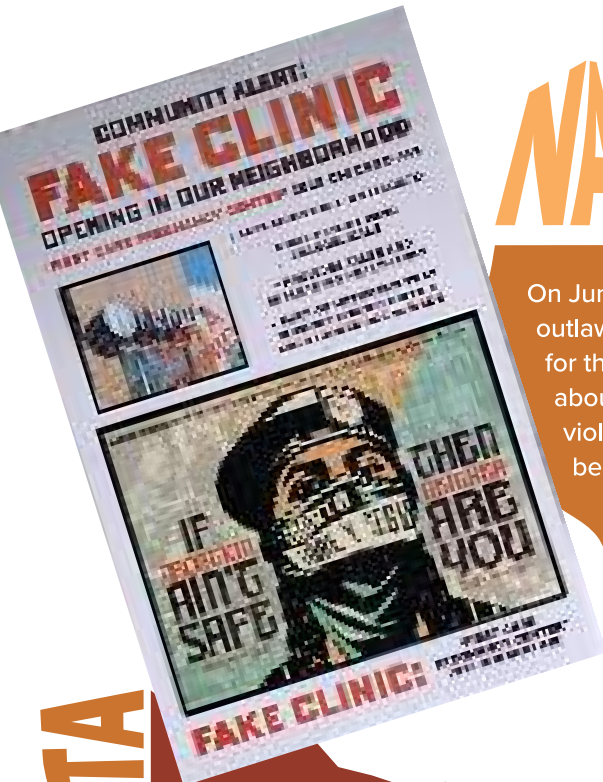


Have you been personally impacted by the work of New Life?

We are gathering stories for our 50 Year Anniversary in 2023!

SCAN HERE to share yours!

New Life's mission has never been about politics, but we understand that the legal issues surrounding abortion have an incredible impact on our centers and even more, on our clients. Although it may be easy to become disheartened by the deception we have witnessed this summer, Paul exhorts us in Galatians 6:9, "Let us not grow weary in doing good." As the political divide continues, New Life has never been more committed to our mission. We will continue to work to meet the needs of our clients with such faithfulness and fervor that abortion becomes *unthinkable*.



NATIONALLY

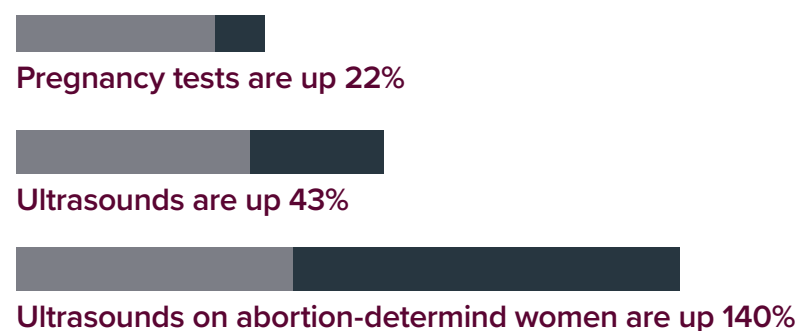
On June 24th, the Supreme Court ruled to overturn Roe v. Wade. This ruling did not outlaw abortion, but it returned the decision to the state level. While we were thankful for this historic decision, our celebration felt short-lived. You may have heard rumors about a group called #JanesRevenge - a pro-abortion group acting with threats and violence against pregnancy centers like ours across the country. While we have not been the target of their most extreme attacks so far, we have seen threatening posters put in the Phillips community, sidewalk chalk outside our University office containing similar messages, and multiple inflammatory and misleading articles written about our services.

Abortion access is protected by the Minnesota constitution.

July 11, 2022, a Ramsey county judge declared most of the MN abortion restrictions unconstitutional. The following restrictions were immediately removed: 24 hour waiting period; parental notification requirement for minors seeking abortion; and requirement that only physicians perform abortions and that abortions after the first trimester to be performed in a hospital.

The MN Attorney General recently put out a consumer warning against pregnancy centers like ours.

THE IMPACT: LAST YEAR TO THIS YEAR



Holistic Care DID YOU KNOW?

- ★ We offer prenatal education classes
- ★ We give out 100K diapers each year to families in need
- ★ We facilitate home studies for embryo adoption
- ★ Our Conquerors program offers both virtual and in-person groups

LIE

VS

TRUTH

Pregnancy centers do not provide comprehensive reproductive healthcare

First Care offers free lab quality urine-based pregnancy testing, options counseling, STI testing and treatment, ultrasounds, and prenatal classes. Services are conducted by licensed professionals – we have four RNs on staff, as well as a Nurse Practitioner and OBGYN who provide direct services, when needed.

The Abortion-Pill Reversal is “unethical” and “not based on science”

Abortion pill reversal is safe and completely based on scientific research and testing. According to initial studies, APR has a 64-68% success rate. Progesterone, the medication used to outcompete the first abortion pill, is approved by the FDA and is routinely used with women at high risk for miscarriage.

Pregnancy centers’ primary goal is to “prevent people from accessing abortion care as well as contraception”

Our goal is to ensure that women are empowered to make fully informed decisions about their pregnancy, to help eliminate barriers, and provide practical, tangible support.

Pregnancy centers are only “pro-birth” and don’t care about the baby after it’s born

New Life is not and never has been only “pro-birth”. We provide the most comprehensive care possible for the mother, her baby, partner, and anyone else involved – no matter what her decision is. Our parenting program goes through age 5.



The kindness and genuine care from the staff made me feel at ease when I was extremely nervous and worried. Thank you for taking such good care of me!



You were awesome, inviting, caring, and so kind. Made my experience less nerve-wracking.



Judgment free and they answered all of my questions.

IT'S ALL BECAUSE OF YOU...

Because we do not accept any government funding, the work that God is doing at New Life is directly supported by individuals, churches, and foundations that are passionate about the work we do. When you give to New Life, you are supporting the **more than 6,000 women, men, and children** that walk through our doors each year, and showing them that their life has value. You are a part of the work the Lord is doing in changing hearts, saving lives, building families and restoring hope. We are so grateful!

THRIVENT CHOICE

Mariah Brook, Board Member

When Roe v. Wade was overturned on June 24, the first public voice I turned to was Justin Giboney, co-founder and president of the AND Campaign. His tweet was succinct and helped me think about how to redirect the wide range of emotions I was feeling: "Roe v. Wade has been overturned. Time to double down on protecting, supporting and advocating for our sisters with crisis pregnancies. Pro-Woman (&) Pro-Child."

New Life Family Services is one of the leading organizations in Minnesota that has always, and will continue to, protect, support and advocate for our sisters with crisis pregnancies. As I was thinking about what more my family, my small group, and I could do, I was reminded of three important resources at my disposal as a Thrivent member. If you are also a Thrivent member, you may have access to three giving options that could bless New Life Family Services!

ACTION TEAMS

Thrivent Action Teams are a great way to make a positive impact in the community. Eligible members simply gather a team of friends for a fundraiser, educational event or service activity. Thrivent offers all the resources you need to get started, including up to \$250 in seed money. Your team provides the passion that brings your project to life. At New Life, we've been blessed by Action Teams that have hosted baby showers, diaper bundling, and small events.

THRIVENT CHOICE®

Through Thrivent Choice®, clients with membership can contribute to organizations and causes they care about—and influence how Thrivent distributes some of its charitable grant funding through Choice Dollars®. Clients can make a personal donation to organizations like New Life, and Thrivent will pay the processing fees. Additionally, eligible clients with membership can also direct Choice Dollars to New Life.

THRIVENT CHARITABLE DONOR ADVISED FUNDS

If you have a Donor Advised Fund with Thrivent Charitable, you can easily recommend a grant from your fund to New Life using Thrivent's online giving portal.

At New Life, we are so grateful for your support and partnership. Thank you for entrusting us with your time, talent and treasure as we seek to honor the sanctity of human life by assisting clients in life-affirming decisions with the love and compassion of Christ.

PHILLIPS UPDATE

We are so incredibly grateful to share that after more than 9 years of praying, our new building in the Phillips community is completed, and we have our certificate of occupancy! What an incredible journey it has been, and we so grateful for the thousands of people who gave generously to make this new building a reality! While we are still trying to fully staff this new location and open our First Care center, our vision has always been that this building would be a light in this community and that we would have community partnerships that would enhance the services we provide.

A COMMUNITY AT WORK



ODAM COMMUNITY CARE CLINIC

Odam Community Care Clinic is the non-profit arm of Odam Medical group that is a welcoming family practice serving patients in Minneapolis. Robert Larbi-Odam, MD, MPH, and the team are multilingual and communicate to patients about their conditions and treatments in easy-to-understand terms. They frequently perform

physical exams and well-child exams to track children's development as they age. They also offer prenatal and post-natal care, Doula services, treatment for acute and chronic illnesses, and men's health and women's health care visits.

Our new building is also a new service site for Odam Community Care Clinic, where their medical team can serve new and existing clients with compassion, listening to patient concerns and allowing them to take active roles in their own care.



MAD DADS

Since 1998, the Minneapolis Chapter of MAD DADS (Men Against Destruction and Defending Against Drugs and Social Disorder) has been dedicated to addressing the issues of drugs, gangs, and violence in the Twin Cities. MAD

DADS' mission is to encourage, motivate, and guide committed men and women in the struggle to save themselves and their communities and children from the social ills that plague neighborhoods. Our vision is to recruit and engage parents to become vocal, visible, and vigilant in restoring safe communities and healthy families. The Minneapolis Chapter of MAD DADS has served more than 80,000 families since our beginning, and we will continue to work to keep our communities safe.

We have hired MAD DADS to provide security for our building. Our security officer, Wallace, is pictured above.



EMERGE MOTHERS

EMERGE Mothers Academy (EMA) equips single moms

with skills, resources, confidence, and the supportive community they need to increase or maintain stability and build a better life for themselves and their children. Our services are designed to help single moms advance their education, employment status, financial health, parenting skills, mental health, and/or support network.

Our new building will be another service site for them as they provide work preparation and financial literacy classes, entrepreneurship microloan grants for single mothers, and parent mentoring.



IN OUR CENTERS...

Overall, our centers' daily operations have remained the same. We continue to assist clients in life-affirming decisions with the love and compassion of Christ as we have for almost 50 years. However, we have seen a few exciting changes in the months following the Supreme Court's decision to overturn Roe v. Wade.

Right away, we received an overwhelming amount of encouraging calls from supporters, community members, and even clients. One neighboring restaurant gave gift cards to our staff for a free lunch. A client sent a thank you note saying how appreciative she was for the material items and support she's received from our center. And it is such a blessing to see our clients continue to refer their friends and family members to us.

Additionally, we've had a wave of people seeking to get involved! We have received generous donations of diapers, equipment, clothing and formula. We have also had more volunteer applications than we can process. Many volunteers have asked how they can support us through prayer as well. As a result,

we are opening each office for a designated time each week to allow prayer supporters to come in and pray protection over our staff, clients, and facilities. We see the fruit of our prayer supporters each day and are so thankful for them!

Lastly, we have been very busy with ultrasounds. Ultrasounds for women who are considering abortion are **up 140%** from this time last year.

The Lord is faithful, and He continues to sustain us with reminders of His goodness to us in our daily interactions with the clients He brings to us. In one of our offices, a client recently came in to use her points in the clothing closet. Her young son was very interactive and charming with our staff. It was clear that he is so precious to his mom, who was struggling with her decision to parent when she first came to us a few years ago. It was a special reminder to us of the value of each life and our role to faithfully serve Him each day, regardless of the political climate.

When the SCOTUS ruling was released, several clients expressed feeling pressure to make a decision about their pregnancy right away. Even though Minnesota will not be restricting abortion access, some clients have been experiencing more uncertainty and desperation in their situations. It's heartbreaking to witness their anxiety about the situation, but I'm so glad we can be here to support them.

Tove Sweet, First Care Nurse





RACHAEL HANSON, RN
First Care Nurse

WHY DO YOU LIKE WORKING AT FIRST CARE?

I like working at First Care because I can be there for men and women in some of their hardest and happiest moments. Whether it's an STI appointment, pregnancy test, or ultrasound, our clients are often coming to us in times of uncertainty. Being

able to provide tangible help to these clients in the form of free medical services, education on medical concerns, or being available to talk through any of their concerns is what makes me love my job.

WHAT HAVE YOU BEEN SURPRISED BY WHILE WORKING AT FIRST CARE?

I have been surprised to see how great the need is for safe, free, and confidential places like First Care. It seems like no matter how many appointments we have available, there is always a need for more. I have also been surprised to see who our clients really are. Stepping into my current role at First Care, I made assumptions as to who would need STI testing or who is facing an unexpected pregnancy. However, I have seen clients from all stages of life come to First Care. I have served clients from teenage years to 70s. I have served clients with low and high incomes, still in school, graduated with a PHD, married and unmarried. Seeing the wide range of clients that have come to First Care has helped me understand that anyone can end up in a tough situation, and it is never our place to judge their circumstances. I have loved getting to know each of our clients and help them navigate whatever situation they find themselves in.

A STORY OF HOPE

A very young client and her mom walked into First Care for what they thought was the daughter's abortion appointment. As we met with them, we quickly realized the misunderstanding and clarified that we do not provide or refer for abortions. We offered her an ultrasound and surprisingly, the daughter accepted. However, she was looking at her phone during the entire scan and did not want to talk about the ultrasound or anything about her pregnancy. As we were finishing the scan, her mom exclaimed, "That's a baby in there! Don't you see, that's life!"

After the appointment, we offered to schedule another ultrasound appointment if it would be helpful for her. She decided she wanted another ultrasound and came back later by herself.

This time, she was attentive and was able to see her baby squirming all around. At one point, it looked like the baby was waving at the screen. The client smiled and started asking every question she could about pregnancy, delivery, and childbirth. This time, she didn't even touch her phone. She left the appointment with a handful of ultrasound pictures, excited to parent her squirming little baby.



CAITLIN JOHNSON, LSW
Client Care and
Expectant Parent
Social Worker

HOSPITAL CALLS

Placing for adoption is a difficult and loving decision. We often hear birth moms share their stories of how they came to the decision of adoption, discussing openness with their social worker, meeting and choosing an adoptive family, and preparing for the birth and hospital time.

However, that is not every birth mom's story. Some birth moms make an adoption decision in the hospital after giving birth. Sometimes she is unsure about her parenting decision and wants to know more about adoption, or sometimes her circumstances have changed making adoption more of an option. And, in some situations, the county is involved and will allow the birth mom to make a private adoption plan instead of child protection stepping in. In these situations, the hospital social worker or the birth mom will reach out to talk through the option of adoption

while the mom is still in the hospital. This is not every birth mom's story, but the emotions and process of making an adoption plan, meeting with her social worker to discuss openness, choosing an adoptive family are all the same – they're just compacted into a few days rather than the months before birth.

I've had the privilege of meeting with several birth moms this way. Yes, it is indeed a privilege to be called upon in the moment of crisis and be entrusted by the hospital staff and birth mom to navigate this important time in mom and baby's lives. At New Life Adoptions, we also provide interim care to give the mom more time to make this very important decision. Because we are both a pregnancy center and an adoption agency, we are able to offer services for either a parenting or adoption plan and truly support the mom no matter what she decides.



new life

ADOPTIONS

Find out more about our services at NewLifeAdoptionsMN.org



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Punch

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As an investment and advisory firm, we enable families and institutions to steward resources with clarity and purpose. We are honored to partner with New Life in caring for our neighbors.

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punchinvest.com

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SANCTITY OF HUMAN LIFE MONTH

On January 22, 1984, the United States celebrated its first National Sanctity of Human Life (SOHL) Day, a day set apart to honor life on the anniversary of Roe v. Wade. In 2023, 50 years since Roe v. Wade's enactment and seven months since its overturn, churches across the nation will celebrate on January 22nd once again; New Life Family Services, however, celebrates with communities throughout the month of January.

Much has changed over the past 50 years, but this truth remains: all women, men, and children are created imago Dei, *in the image of God*. Join us this Sanctity of Human Life Month as we remember this unchanging truth together!



Email churches@NLFS.org to schedule New Life to visit your church or scan the QR code for more information.

LIVE ULTRASOUNDS

Life is a miracle! New Life plays a role in the life of our community by being a place where people can go to receive support when they face an unintended pregnancy. We seek to be a place that shares the sanctity of human life with all, especially in the local church. One way we do this is through a presentation called **ULTRASOUND LIVE** where we bring our portable ultrasound machine and a nurse to actually perform an ultrasound, live, before a group. We make this an interactive time to learn the facts about pregnancy and see a young life still in the womb. Churches share that this is an informative presentation for those who heard it but even more that it is impactful because of what people are left with: an image of life at its earliest stage. Most find the facts interesting and the active image of a child in the womb amazing!

If your church is interested in hosting an Ultrasound Live, email churches@nlfs.org.

HOW TO GET INVOLVED



PRAY

Sign up to receive our in-the-moment prayer texts or join us for in-office prayer. We are seeking people to come into your closest center one hour a week to pray over our staff, our clients, and the work that we do. **Prayer is the most powerful thing we can do!**



Scan the QR Code to sign up for prayer texts or visit NLFS.org/get-involved/partnerships/prayer-partners



SHARE OUR JOB OPENINGS

We are very short-staffed and need additional staff to continue serving clients well and in order to open our new location in the Phillips community of Minneapolis. **Do you know someone who might be the perfect fit?**



Visit NLFS.org/get-involved/careers



VOLUNTEER

We truly could not accomplish what we do without the faithful support of our volunteers. There are many ways to help, and we desire to help you as you determine which role is the best fit for your time and talents. **Spanish-speaking volunteers are needed in our centers.**



Visit NLFS.org/get-involved/volunteer



GIVE

You can support the work of New Life Family Services financially. Whether it is a one-time gift, or you choose to give monthly, your generosity will make a difference.



Visit NLFS.org/ways-to-give

LAUGH FOR LIFE

WITH JUSTIN FLOM

ROCHESTER

January 27, 2023

TWIN CITIES

January 28, 2023





and its programs




NLFS.ORG


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Join our email list by sending an email to info@nlfs.org.

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Mike Williams, our main speaker for the 2022 Annual Gala, speaking at our Gala in October 2021.



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